

Nilai ketepatan tendangan sebelum dan sesudah latihan pada perlakuan I

No	Sampel	Sebelum	Sesudah	Selisih
1	1	26	33	7
2	2	28	30	2
3	3	28	30	2
4	4	30	31	1
5	5	30	32	2
6	6	30	34	4
7	7	26	31	5
8	8	24	28	4
9	9	22	25	3
10	10	32	38	6

Nilai ketepatan tendangan sebelum dan sesudah latihan pada perlakuan II

No	Nama	Sebelum	Sesudah	Selisih
1	1	25	27	2
2	2	29	34	5
3	3	24	28	4
4	4	30	34	4
5	5	30	32	2
6	6	28	32	4
7	7	34	35	1
8	8	25	31	6
9	9	28	30	2
10	10	29	36	7

Descriptives

		Statistic	Std. Error
nilai ketepatan tendangan sebelum kelompok perlakuan 1	Mean	27,60	,980
	95% Confidence Interval for Mean	Lower Bound	25,38
		Upper Bound	29,82
	5% Trimmed Mean		27,67
	Median		28,00
	Variance		9,600
	Std. Deviation		3,098
	Minimum		22
	Maximum		32
	Range		10
	Interquartile Range		5
	Skewness		-,484 ,687
	Kurtosis		-,458 1,334
	Mean		31,20 1,104
nilai ketepatan tendangan sesudah kelompok perlakuan 1	95% Confidence Interval for Mean	Lower Bound	28,70
		Upper Bound	33,70
	5% Trimmed Mean		31,17
	Median		31,00
	Variance		12,178
	Std. Deviation		3,490
	Minimum		25
	Maximum		38
	Range		13
	Interquartile Range		4
	Skewness		,223 ,687
	Kurtosis		1,249 1,334
	Mean		28,20 ,940
nilai ketepatan tendangan sebelum kelompok perlakuan 2	95% Confidence Interval for Mean	Lower Bound	26,07
		Upper Bound	30,33
	5% Trimmed Mean		28,11
	Median		28,50
	Variance		8,844
	Std. Deviation		2,974
	Minimum		24
	Maximum		34
	Range		10
	Interquartile Range		5
	Skewness		,360 ,687

nilai ketepatan tendangan sesudah kelompok perlakuan 2	Kurtosis		,332	1,334
	Mean		31,90	,936
	95% Confidence Interval for Mean	Lower Bound	29,78	
		Upper Bound	34,02	
	5% Trimmed Mean		31,94	
	Median		32,00	
	Variance		8,767	
	Std. Deviation		2,961	
	Minimum		27	
	Maximum		36	
	Range		9	
	Interquartile Range		5	
	Skewness		-,360	,687
	Kurtosis		-,831	1,334
	Mean		3,60	,618
	95% Confidence Interval for Mean	Lower Bound	2,20	
		Upper Bound	5,00	
selisih nilai ketepatan tendangan sebelum kelompok perlakuan 1	5% Trimmed Mean		3,56	
	Median		3,50	
	Variance		3,822	
	Std. Deviation		1,955	
	Minimum		1	
	Maximum		7	
	Range		6	
	Interquartile Range		3	
	Skewness		,482	,687
	Kurtosis		-,811	1,334
	Mean		3,70	,616
	95% Confidence Interval for Mean	Lower Bound	2,31	
		Upper Bound	5,09	
	5% Trimmed Mean		3,67	
	Median		4,00	
	Variance		3,789	
selisih nilai ketepatan tendangan sebelum kelompok perlakuan 2	Std. Deviation		1,947	
	Minimum		1	
	Maximum		7	
	Range		6	
	Interquartile Range		3	
	Skewness		,301	,687
	Kurtosis		-,878	1,334
	Mean		27,60	,980
	95% Confidence Interval for Mean	Lower Bound	25,38	
		Upper Bound	29,82	
nilai ketepatan tendangan sebelum kelompok perlakuan 1 dan 2				

	5% Trimmed Mean	27,67
	Median	28,00
	Variance	9,600
	Std. Deviation	3,098
	Minimum	22
	Maximum	32
	Range	10
	Interquartile Range	5
	Skewness	-,484 ,687
	Kurtosis	-,458 1,334
	Mean	31,20 1,104
	95% Confidence Interval for Mean	Lower Bound Upper Bound
	5% Trimmed Mean	31,17
	Median	31,00
	Variance	12,178
	Std. Deviation	3,490
	Minimum	25
	Maximum	38
	Range	13
	Interquartile Range	4
	Skewness	,223 ,687
	Kurtosis	1,249 1,334
	Mean	3,60 ,618
	95% Confidence Interval for Mean	Lower Bound Upper Bound
nilai ketepatan tendangan sesudah kelompok perlakuan 1 dan 2	5% Trimmed Mean	2,20
	Median	5,00
	Variance	3,56
	Std. Deviation	3,50
	Minimum	3,822
	Maximum	1,955
	Range	1
	Interquartile Range	7
	Skewness	6
	Kurtosis	3
selisih nilai ketepatan tendangan kelompok perlakuan 1 dan 2	95% Confidence Interval for Mean	,482 ,687
	5% Trimmed Mean	-,811 1,334
	Median	
	Variance	
	Std. Deviation	
	Minimum	
	Maximum	
	Range	
	Interquartile Range	
	Skewness	
	Kurtosis	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
nilai ketepatan tendangan sebelum kelompok perlakuan 1	,181	10	,200*	,950	10	,668
nilai ketepatan tendangan sesudah kelompok perlakuan 1	,165	10	,200*	,972	10	,908
nilai ketepatan tendangan sebelum kelompok perlakuan 2	,173	10	,200*	,933	10	,475
nilai ketepatan tendangan sesudah kelompok perlakuan 2	,161	10	,200*	,958	10	,758
selisih nilai ketepatan tendangan sebelum kelompok perlakuan 1	,193	10	,200*	,940	10	,555
selisih nilai ketepatan tendangan sebelum kelompok perlakuan 2	,209	10	,200*	,935	10	,500
nilai ketepatan tendangan sebelum kelompok perlakuan 1 dan 2	,181	10	,200*	,950	10	,668
nilai ketepatan tendangan sesudah kelompok perlakuan 1 dan 2	,165	10	,200*	,972	10	,908
selisih nilai ketepatan tendangan kelompok perlakuan 1 dan 2	,193	10	,200*	,940	10	,555

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Uji homogenitas

Test of Homogeneity of Variance

		Levene Statistic	df1	df2	Sig.
nilai ketepatan	Based on Mean	,126	1	18	,727
tendangan sebelum	Based on Median	,058	1	18	,813
kelompok perlakuan 1	Based on Median and with adjusted df dan 2	,058	1	17,987	,813
	Based on trimmed mean	,113	1	18	,741
nilai ketepatan	Based on Mean	,017	1	18	,897
tendangan sesudah	Based on Median	,011	1	18	,916
kelompok perlakuan 1	Based on Median and with adjusted df dan 2	,011	1	16,183	,916
	Based on trimmed mean	,018	1	18	,896